



Aerobics & Fitness Association of America  
15250 Ventura Blvd, Suite 200  
Sherman Oaks, CA 91403-3297  
(877) 968-7263

Hi Jody,

Here is what is written in the AFAA Board Meeting Minutes dated Dec. 10, 2008.

*“The professional organization, ProTrainings [ProCPR LLC], which provides a blended CPR training course (theory online and site specific hands-on training) was discussed. Several AFAA fitness professionals had submitted for the CPR, ProTrainings [ProFirstAid and ProCPR] course. Questions regarding their compliance with AFAA requirements, along with those mandated by the American Red Cross and the American Heart Association, was discussed. **It was determined by the attending board members as well as from Meg via e-mail, that ProTrainings[ProCPR LLC] met the requirements set forth by the American Red Cross, American Heart Association and OSHA and therefore, recommended they be recognized as an approved provider for AFAA.** It was also recommended that AFAA, starting mid-2009, require from fitness professionals proof of both CPR and AED training since many of the states are currently mandating that AED units be present at all public places including health clubs/fitness facilities.”*

In Health,

Laura A. Gladwin, MS, MAFP, FNBFE  
laura.gladwin@yahoo.com  
<http://www.affaa.com>